

Learning on the Go Summertime—and the Learnin' is Easy

Daily routines make life predictable for children and help them feel safe and secure. So even though summer can be crazy as we try to squeeze in as much sunshine as possible, try to keep some sort of a daily routine. The routine will also help you remember to include some learning activities for your child every day. Try this schedule:

Morning Math: Think of a small math activity to do with your child. Notice the pattern of the stripes on the bed sheets. Help him measure how long his shoes are when he puts them on. Help her find different shapes on the cereal box. Offer him the choice of a full glass of juice or a half glass. Count the Cheerios!

Daytime Doings: If you are outdoors, science is everywhere. Show her that fish have gills so they can “breathe.” Examine all the teeny tiny “rocks” that are in sand. Take five minutes for a bug hunt and see how many different kinds you can find. Notice all the colors in a rainbow.

Bedtime Books: Don't forget to read, read, read! You can visit the library to get “new” books to enjoy.

Whatever you are doing with your child can include learning. Have fun learning together this summer!